

Brighton & Hove and
West Sussex Mental
Health Support Services
Recommissioning
Partnership Briefing



Proposed role and commitment



- Act as independent Lead Provider
- Build on UOK B&H partnerships
- Expand opportunities for other partners, meeting diverse needs of the City
- Reduce % of contracts delivered by Southdown



About Southdown

- Charity and Specialist Housing Association since 1972
- Sussex based
- £32m income
- 850 staff
- 11,500 clients 2024
- 3,500 clients at one time
- 60+ support services
- 2 Lead Provider contracts



Southdown at a Glance

WE BELIEVE:

Everybody has the right to live their life well.

OUR MISSION:

To provide exceptional community support services and housing across Sussex which enable people to live well.

OUR VALUES:

Guiding how we do things, how we interact with the people we work with and the decisions we make, are our values:



Force for good

We're passionate about making a difference.



Brilliant with people

We're compassionate, inclusive and welcoming; our colleagues and local communities deserve nothing less.



United

Together, we can achieve so much more.



Trustworthy

We're knowledgeable and act with integrity.



Responsive

We listen, learn and adapt.

How we work



Southdown Beacon

- CREATE **environments** of safety, belonging and learning
- BUILD **relationships** that value choice, individuality and working together
- RECOGNISE **individual** experiences, strengths and potential

Experience



Annual Report
2023-24

Southdown

NHS
Sussex


Brighton & Hove
City Council

2019 Brighton and Hove, and 2024 East Sussex

- 19 partners
- £5.2m funding
- £3.2m financial inclusion outcomes
- 64,000 website visits
- 12,805 psychosocial sessions
- 8,132 group sessions
- 1,215 people trained in Mental Health First Aid
- Online mental health advice and support platform

What do people say....

"It's great to have an easy access route to these useful community services"

Caller to UOK Central Access Point

"We feel part of an incredibly rich partnership with lots of expertise on a range of issues related to mental health and supporting communities"

UOK B&H Partner

"The UOK Partnership has demonstrated the strength in partnership working to meet the diverse protected characteristic needs of our community"

UOK B&H Partner

"I found UOK very helpful. I felt I was listened to and am now on track to follow the signposts given"

Caller to UOK Central Access Point



Vision and Mission

Our Vision:

We envision a vibrant, inclusive mental health network across Sussex, rooted in local neighbourhoods and led by the VCSE sector.

Our Mission:

Together, with people with lived experience, we're reshaping mental health support to be accessible, responsive, and reflective of our diverse communities' unique needs

Goals and Values

Our goal:

To empower individuals and neighbourhoods toward brighter, healthier futures while reducing the reliance on hospital-based care.

Our approach is guided by **Values and Principles** of **inclusivity**, **diversity**, **collaboration**, **generosity**, and **local insight**.

Role as Lead Provider

- Deliver Quality, Person-Centred Care
- Drive Strategic Partnerships
- Strengthen Capacity Across Our Network
- Stay Agile to Community Needs



allsorts youth project



BWC

Cruse
Bereavement
Support

FABRICA



GRASSROOTS
SUICIDE PREVENTION



mind
OUT
LGBTQ mental health service

Mind
in Brighton
and Hove



switchboard
connecting you to LGBTQ+ support



YMCA
DOWNSLINK
GROUP

Lead Provider capabilities



- Co-production
- Generous leadership
- Sector representation
- Governance
- Funding distribution
- Procurement & Contract Management
- Data Reporting
- Innovation

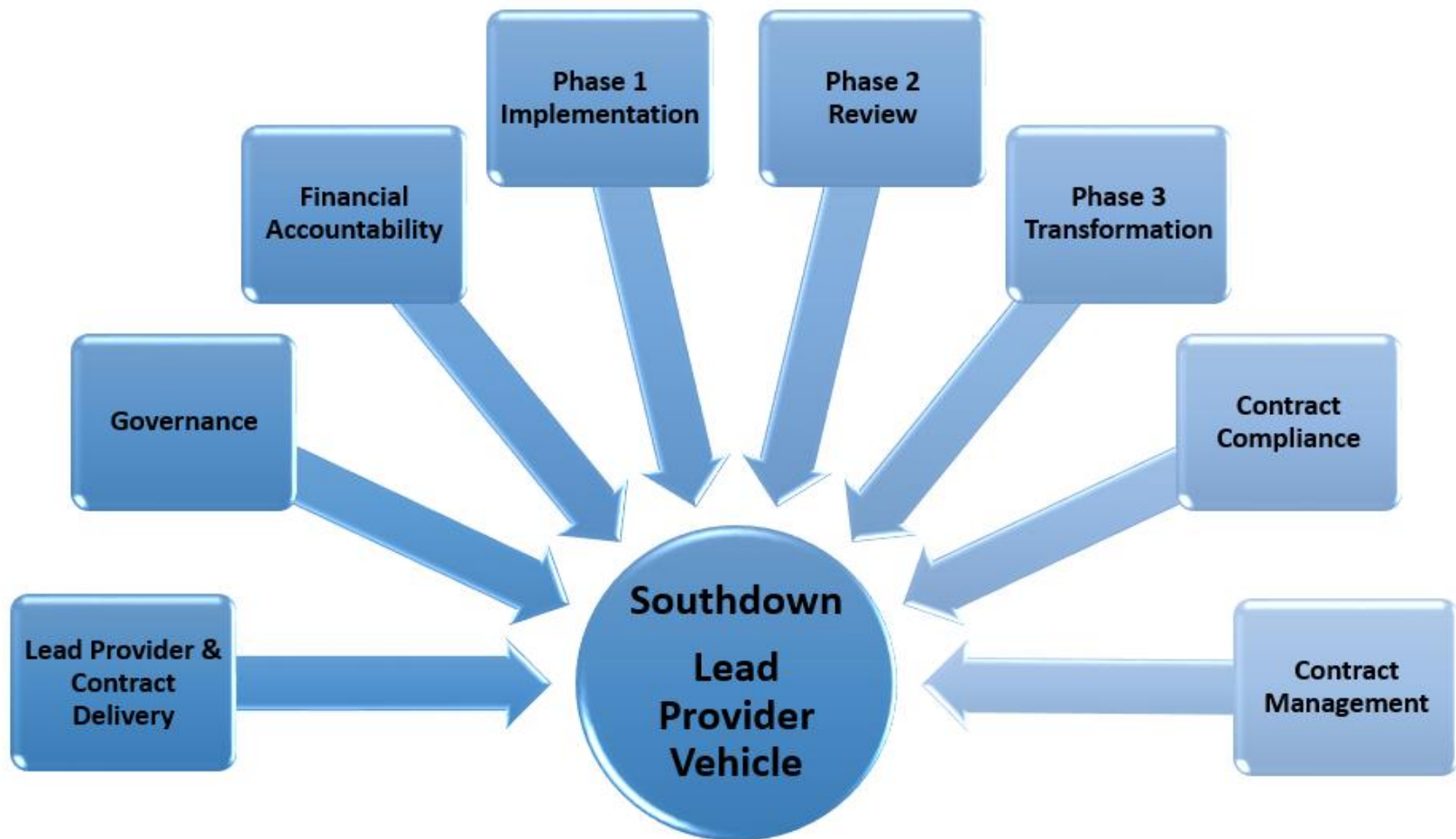


Honest learning.....

- Common goal versus independent missions
- Trust and Transparency
- Proportionality of contract requirements
- Stability and transformation
- Funding cuts
- Sub-contractor performance



Lead Provider role to develop services





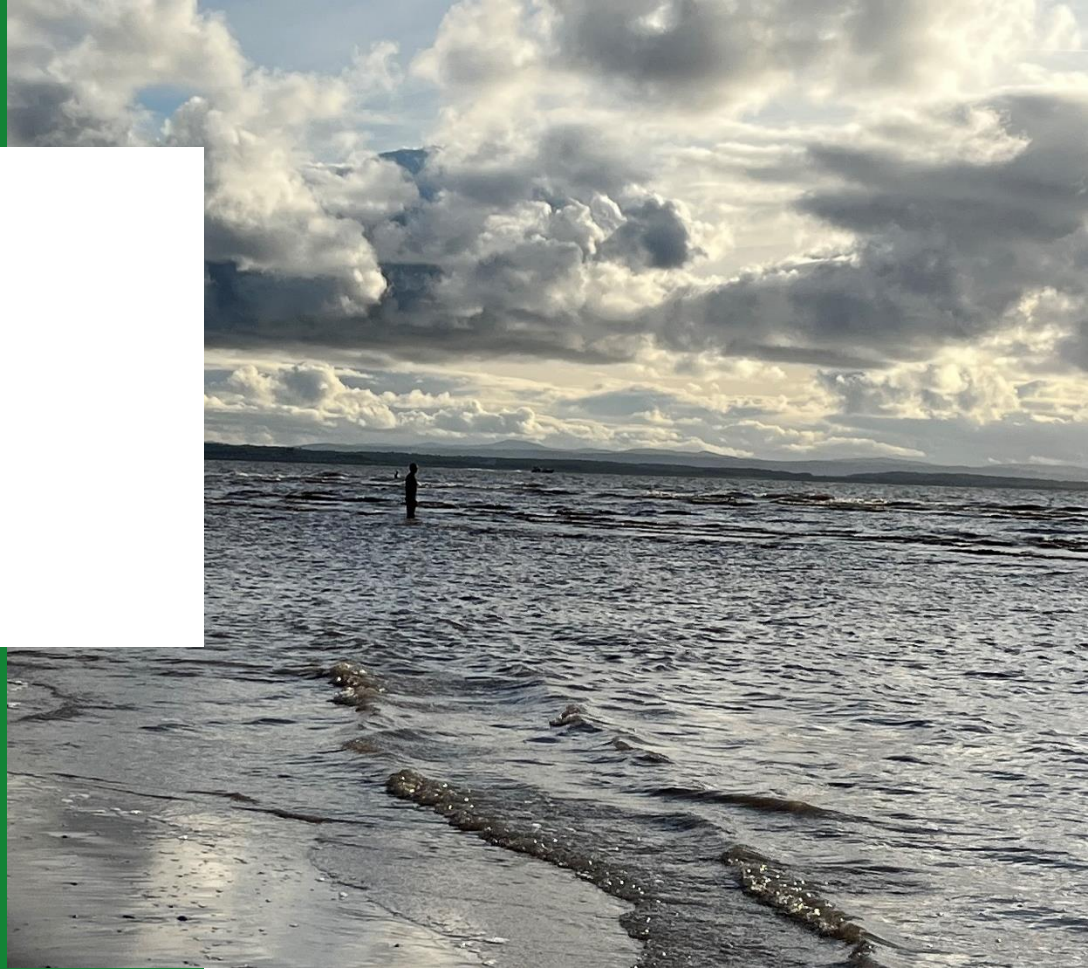
Coproduction in redesign

East Sussex Wellbeing Centre redesign (UOK)

- 6-month process over 10 sessions
- VCSE providers and people with lived experience
- Paid participation
- 4 stages - Scope; Empathise; Define; Ideate; Prototype
- Personas

Outcome = open procurement based on agreed specification (transfer of services from Southdown)

What is in the
Specification?



Overview of MHSS in Brighton & Hove and West Sussex

Overview of Mental Health Support Services (MHSS)

Aim: Improve adult mental health and wellbeing in Brighton & Hove and West Sussex.

Focus: Inclusivity, prevention, and addressing health inequalities.

Core Principles:

- Address health inequalities and promote inclusivity.
- Co-produce services with users, carers, and communities.
- Deliver accessible, person-centred support.
- Foster partnership across health and care systems.
- Provide evidence-based and trauma-informed care.
- Innovate to meet local needs.
- Promote prevention and reduce mental health stigma.

Key Services Areas

1. Provider Responsibilities:

Governance, data collection, and system leadership.

Establish/sustain independent Lived Experience Advisory Group (LEAG).

2. Community Development, Prevention, and Promotion:

Strengthen community wellbeing through asset-based development.

Anti-stigma campaigns, workforce training, and suicide prevention initiatives.

3. Advice, Information, and Guidance:

Early intervention, peer support, digital resources, and social prescribing.

Focus on practical support like welfare, housing, and debt advice.

4. Getting Support:

Personalised care plans, crisis support, and behavioural interventions.

Integration with wider health interventions and services.

Align with Neighbourhood Integrated Community Teams (ICT) and the NHMT model to deliver seamless, integrated care.

Accessibility and Eligibility

Eligibility:

Adults with wellbeing or functional mental health needs, including:

- High-risk groups (e.g., suicide risk, marginalised populations).
- Families and carers of individuals with mental health issues.
- Targeted communities (e.g., LGBTQ+, ethnic minorities, neurodivergent individuals).

Exclusions:

Specialist dementia services, under-18s (unless transitional), secondary care needs.

Access:

- Open-access with self-referral options.
- Coordinated triage (incl. NMHTs) to ensure appropriate interventions.
- Processes to increase ease of access and reduce barriers for underserved communities

Neighbourhood Mental Health teams Overview

We are currently seeing increasing mental health need in our communities and a demand for a more responsive service.

- People don't want more individual services with niche referral pathways, but for the ones that exist to be more joined up.
- People report finding it difficult to access services, long waiting lists, lack of access to therapeutic interventions, repeated assessments, and variable continuity of care.
- Staff have a lack of access to advice and guidance, often looking after complex patients without support, and poor communication.
- This is about developing strong working partnerships, rather than new investments.

- Personalised and complete care
- Simple and seamless
- Accessible and inclusive
- One team

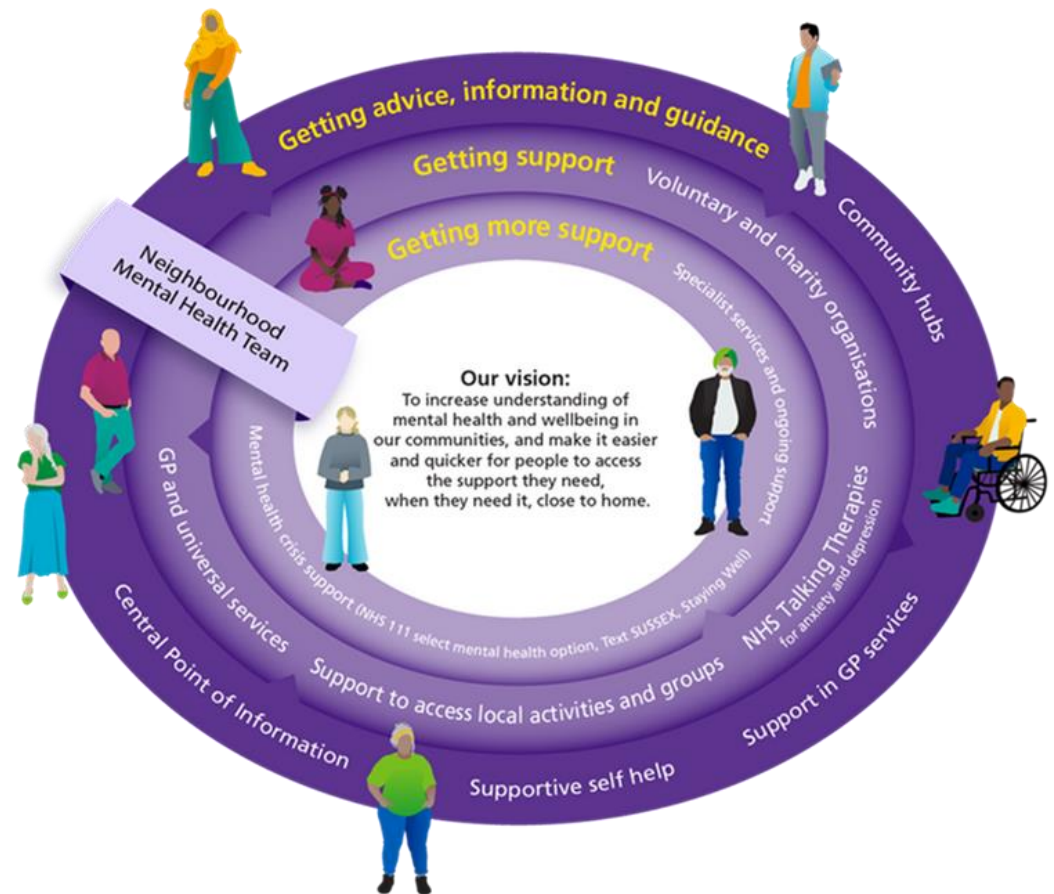


Neighbourhood Mental Health Teams Model

The community transformation brings together local services in, including mental health:

- social care
- primary and secondary care
- Voluntary, community and social enterprise services (VCSEs).

The new services will be designed around the needs of the local community and developed in collaboration with the people who will use and work in them.



Neighbourhood Mental Health Teams Model Staffing Structure



Wider Network & Partnerships

There will be effective links with community assets to support and enable people to become more embedded within their community and to use these assets to support their mental health. These will be decided at a place based level and could include arts & culture, sport & health, interest-activity based groups, career, education and training, spirituality, identity and volunteering.

Aligned services

The core team will work closely with the aligned services to ensure a personalised care plan is developed that responds to a wide range of needs, including physical health, social care, housing, money advice, NHS Talking Therapies support for anxiety and depression, ICTs, employment, co-occurring conditions, specialist pathways and peer support.

Core team

Each Neighbourhood Mental Health team will have a core team that consists of the Emotional Wellbeing Service, including Access Facilitators, Assessment & Treatment Service, an identified VCSE mental health support service and an age inclusive offer, working together as one fully integrated team.

Governance and funding?

Governance:

- Robust quality assurance and compliance with standards.
- Collaboration with commissioners to align with local health priorities.
- Maintain independent Lived Experience Advisory Group for service planning and oversight.

Funding:

- Brighton & Hove: £1.93M, West Sussex: £5.03M.
- Lead provider limited to 50% direct service delivery to ensure market diversity.
- Community development and staffing funded via joint agreements with Primary Care Networks.

Sustainability and Quality Standards

Sustainability:

Services accessible via sustainable transport options (e.g., walking, cycling, public transport).

Reduce emissions, waste, and promote circular economy principles.

Quality Standards:

Compliance with NICE guidelines (e.g., NG225: Self-harm, QS189: Suicide Prevention).

Regular evaluation through Key Performance Indicators (KPIs) and user feedback (PREMs).

Voice and Engagement:

Co-produced services with meaningful input from users, carers, and communities.

Lived Experience Advisory Group to influence planning and delivery.

Continuous community engagement to improve service quality and inclusivity

Tender Timetable

| | Stage | Dates |
|---|--|----------|
| 1 | Invitation to Tender (ITT) released to Bidders | 15/11/24 |
| 2 | Deadline for Bidders to submit clarification questions (5pm) | 06/01/25 |
| 3 | Deadline for Commissioner response to CQs (5pm) | 10/01/25 |
| 4 | Bid submission closing date (12 noon) | 20/01/25 |
| 5 | Evaluation of Bids (completion) | 26/03/25 |
| 6 | Notification of decision - Standstill period | 06/05/25 |
| 7 | Contract Award | 21/05/25 |
| 8 | Mobilisation Period | 21/06/25 |
| 9 | Service commencement date | 01/10/25 |

Southdown

Thank you

