Wednesday

Client Meeting

19th

Time: 9:30am - 10:30am Location: Lewes WBC

Wellness toolbox

19th

Morning

10.30am - 12.30pm

5th, 12th, 26th

10.30am - 11.30am

Location: Lewes WBC

Creative Group

5th, 12th, 26th

11.30am - 12.30pm

Location: Lewes WBC

Afternoon Community Groups

Location: All Saints Centre,

Friar's Walk,

Lewes,

Afternoon

East Sussex BN7 2LE

Bring your own art group

1.30pm - 3.30pm

Social drop in

1.30pm - 3.30pm

Address: 47A Western Road, Lewes, East Sussex, BN7 1RL

@eastsussexwellbeingcentres

Email: leweswellbeingcentre@southdown.org

www.southdown.org/wellbeingCentresESCN