

Wednesday	
Morning	<b>Wellness toolbox</b> 10.30am - 12pm Location: Lewes WBC
	<b>Creative Group</b> 12pm - 1pm Location: Lewes WBC
<b>Closed 1st January</b>	
Afternoon	<b>Café Drop In</b>  2.30pm - 3.30pm Location: Southdown sports club, Cockshut Rd, Lewes BN7 3PR

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[www.southdown.org/wellbeingCentresESCN](http://www.southdown.org/wellbeingCentresESCN)